

Ergoterapeutisk hverdag i Serbien



COTEC, Council for Occupational Therapists of the European Countries, fylder 20 år i 2006. I den anledning bringer Ergoterapeuten I samarbejde med det finske fagblad en række portrætter om ergoterapeuter i europæiske lande. I dette nummer præsenterer vi den serbiske ergoterapeut Milan Kecman

Af Milan Kecman, occupational therapist, O.T.

Our morning shift starts at 7.00 pm and by that time, my colleagues gather around and have a relaxed conversation and a cup of tea or coffee. The first patients are coming around 7.30. Round 7.15, I have an informal meeting with nurse and a doctor to see about the condition of my patients during the night, and for some patients discuss the next steps in their rehabilitation.

The first patients start coming at 7.30. Usually they are patients that are independent in their ADL so I do not have to help them with transfers and dressing up. They stay for about an hour. Around 8.45 comes another group of patients.

In occupational therapy room, we are usually doing some artwork or some exercises for balance, but it all depends on the condition and rehabilitation goals for that individual patient.

At 10.30, I am going to the patient's room to see which patients need help with their ADL routine and practice with them transfers or dressing up. Those are usually tetraplegic patients and it takes a lot of time for me to do that.

STOR TILLID FRA PATIENTERNE

Around 12.30, I am coming back to my OT room to work with those patients on their coordination skills or train how to handle a wheelchair, but as a said before it all depends on their conditions and goals.

They all have a lot of trust in us and every day they are asking us lots of questions about their condition and what can they do to make their life easier. Sometimes we are appointing them to other team members for some issues.

At 2 pm, documentation part of the day can start. Nowadays it is all computerized, so we must enter data for every patient that has been at the O.T. that day and what we have done with them.



MILAN – A SERBIAN O.T.

My name is Milan Kecman (standing) and I am an occupational therapist from Serbia. I finished my school in 1998. It lasted for five half-year semesters. Right after the graduation, I started working at clinic for rehabilitation 'Dr Miroslav Zotovic' in Belgrade. It is the first hospital that started rehabilitation in my country in 1952. 23 occupational therapist are working there divided in 5-rehabilitation units. I work at Neuro-orthopedic unit dealing with spinal cord injuries. There are 75 stationary patients and the rehabilitation team consists of 5 physicians, 15 nurses, 10 PT's, 5 OT's, 1 social worker and 1 psychologist. I am responsible for 15 patients.

My working day finishes at 2.30 PM after a typical day for O.T.'s at my clinic. Of course, not every day is the same and many unpredictable things can happen during the week. ●